

STAKEHOLDER UPDATE – NOVEMBER 2018

2018 SWAHN CONFERENCE & NETWORK CONTRIBUTORS' ROUNDTABLE MEETING

The 2018 SWAHN Conference was held at Parkwood Institute – St. Joseph's Health Care London on October 12, 2018. This year's conference theme was "Translating Research into Practice." The objectives for the day were as follows:

- To engage SWAHN's contributors in knowledge sharing regarding implementation science
- To provide an opportunity for SWAHN volunteers and stakeholders to network
- To highlight SWAHN's recent activities and successes

Conference presentations can be downloaded from SWAHN's website: <http://swahn.ca/41/Resources/>. Event proceedings have been initiated and will be distributed by the end of the year.

Following the conference, a SWAHN Network Contributors' Roundtable meeting was held which included leaders from 12 of SWAHN's 19 financial contributors.

NETWORK REORGANIZATION UPDATE AND STRATEGIC PLAN

SWAHN's reorganized structure was launched officially at the SWAHN Conference in October 2017. Over the last year, the new structure has improved communication flow and efficiency across the Network which in turn has allowed volunteers to advance initiatives in both the Interprofessional Collaboration and Knowledge Generation & Translation Streams.

As the Network's inaugural strategic plan comes to an end in December 2018, plans are underway to update the plan for the future.

COMPLETED 2018 INITIATIVES

Nutrition: "Assessing Nutrition Risk in Seniors in the Community Pharmacy" – A Knowledge Translation Workshop (March 21, 2018) – This pilot workshop was held at the University of Waterloo's School of Pharmacy for community pharmacists and registered dietitians who work in community and corporate environments. It focused on building awareness of nutrition screening and assessment tools and served to guide professionals to community resources and referrals. Additional workshops will be offered in the future based on this model.

Dr. Cynthia Richard, SWAHN project lead, was invited to present the pilot project and its outcomes at the Waterloo-Wellington Clinical Research & Quality Improvement Symposium on May 30, 2018. This event was hosted by the Michael G. DeGroot School of Medicine, McMaster University - Waterloo Regional Campus. The presentation may be found on SWAHN's website here: <http://swahn.ca/41/Resources/>.

Nutrition: Pharmacy Student Classroom Presentation (March 22, 2018) – Dr. Janet Madill (Co-Chair, SWAHN Nutrition Project Team) presented the content from the KT Workshop to students at the School of Pharmacy and offered hands-on experience with hand dynamometers and ultrasound equipment as it relates to measuring patient nutrition and frailty.

IPE Day #3 (March 26, 2018) – This year's interprofessional event engaged over 600 students and more than 50 volunteer facilitators at two venues. The group in London included first-year students from the Schulich School of Medicine & Dentistry and the University of Waterloo's Schools of Pharmacy and Optometry & Vision Science. This year, undergraduate and graduate students from Western University's Faculty of Health Sciences in nursing, physical therapy and occupational therapy also participated along

with social work students from King's University College at Western University. In Windsor, the student complement included participants from the Schulich Windsor Campus, the University of Waterloo's School of Pharmacy, and the University of Windsor's Nursing and Social Work programs.

SWAHN Network Contributors' Roundtable meetings (May 17, 2018 and October 12, 2018) – As part of SWAHN's new organizational framework, NCR meetings allow for networking and knowledge sharing among the leadership of all of SWAHN's funders.

CURRENT ACTIVITIES

SWAHN palliative care curriculum research – SWAHN's Palliative Care Project Team continues its focus on its curriculum research project which is currently focusing on entry-to-practice education experienced by nursing and practical nursing students. Surveys to recent graduates have been released by Western University and Fanshawe College with additional surveys planned for release by the other institutions involved in the project: Lambton College, St. Clair College, and the University of Windsor.

SWAHN Nutrition Project Team – 3 proposed research projects:

1. Plans for a retrospective study are underway. This research will involve analysis of pre-admission clinic data at London Health Sciences Centre looking at the prevalence of malnutrition and frailty in seniors scheduled for elective surgery.
2. A group is preparing to conduct a prospective study focused on elective surgeries in seniors. In November, Dr. Ava John-Baptiste (Assistant Professor, Schulich School of Medicine & Dentistry, Western University) and Coraine Wray (Registered Dietitian, Thamesview Family Health Team) offered a presentation to the Thamesview Family Health Team Board in Chatham requesting approval for a research project to study Thamesview FHT patients over the age of 65, who are scheduled for elective surgery at London Health Sciences Centre. Based on a positive screening test for malnutrition, these patients will be referred for a dietitian consult at the Thamesview FHT. Follow ups will be conducted with these patients for a period of one year to determine whether this nutritional intervention has improved post-surgical outcomes.
3. SWAHN's research group is partnering with a study focused on hip fractures, where a cohort of patients will receive care in a dedicated hip fracture unit at Victoria Hospital with the goal of optimizing care to improve post-surgical outcomes. This work will provide an opportunity to collect patient data in-hospital and at 6-week, 3-month, and 1-year periods. From there, the group will consider the development of a new prospective study.

SWAHN Nutrition Project Team – KT workshop – The Project Team is currently exploring the possibility of holding a workshop based on the model developed in 2018 for community pharmacists and dietitians. Sarnia is the suggested location for the next workshop.

SWAHN Choosing Wisely Project Team – The Project Team and its Co-Chairs, Dr. Blayne Welk and Dr. Renato Pasqualucci, have been exploring the possibility of partnering with Dr. Brian Rotenberg to spread the opioid reduction project currently underway in London Health Sciences Centre and St. Joseph's Health Care London to other institutions across the SWAHN region. An educational component will be considered – possibly in the form of academic detailing – to further enhance the project. Dr. Rotenberg provided an overview of the London initiative at the SWAHN Conference on October 12. His presentation can be downloaded from the SWAHN website: <http://swahn.ca/41/Resources/>

IPE Day 2019 – March 26, 2019 – The Planning Committee is working on the details for the 2019 event in anticipation of the largest cohort of students to date.

IPE Day 2020 – A meeting has been scheduled in early 2019 with the leadership of all programs that are involved in the event at the London venue. This meeting will allow for reflection on the successes to date and to identify ways in which to improve the coordination for IPE Day in the future as the event continues to grow each year.

SWAHN LEADERSHIP UPDATE



On October 1, 2018, Dr. Michael Strong, previously Dean, Schulich School of Medicine & Dentistry, Western University, assumed a new role as President of the Canadian Institutes of Health Research (CIHR). As the President, Dr. Strong will oversee the direction and management of the property, business, and affairs of CIHR. While he stepped down from his role as Dean, Dr. Strong will maintain his connection to Western University through his research in Amyotrophic Lateral Sclerosis at Robarts Research Institute.

Upon Dr. Strong's departure from Western, Dr. Davy Cheng, formerly Vice Dean, Faculty Affairs at the Schulich School of Medicine & Dentistry, Western University, accepted the role as Acting Dean of the School. Dr. Cheng has committed to maintaining his role as a SWAHN Co-Lead with Dr. Robin Walker during his tenure as Acting Dean. Please see the following link for more information about Dr. Cheng. <https://bit.ly/2qGaWXs>

REGIONAL HIGHLIGHTS

14th Annual London Imaging Discovery Day: Wednesday, June 12, 2019 at the Darryl J. King Student Life Centre, King's University College, Western University – The 14th Annual London Imaging Discovery Day highlights innovations in research, education, and quality of patient care through interactive discussions led by Medical Imaging Scientists, Clinicians, Technologists, Nurses, and Administrators from London, Ontario and the surrounding areas. For questions, please email Alicia.Harrison@lhsc.on.ca



Trauma and Treatment Emergency Preparedness Exercise:

Paraphrased from the news release: Every October, Fanshawe holds an emergency preparedness exercise that simulates realistic emergencies to help test and train students and campus emergency first responders. This is an interdisciplinary event that typically includes more than 300 participants from the College's various programs. In addition to Fanshawe's faculty and staff, the event also involved the London Police Service and London Fire Department. The weekend involves the simulation of emergency scenarios, presented in a variety of locations at Fanshawe's London Campus. Many of the scenarios are graphic and realistic in nature. During the event, participants develop an understanding and appreciation of each other's skills, roles and responsibilities; discuss patient care and best practices; empathize with each other and foster a sense of collaboration so all students are better prepared for the real world of emergency services. For more details, please see: <https://bit.ly/2QRm1jC>



Leading Research: *Paraphrased from the news release:* In November 2018, Lambton College was ranked as the #1 research college in Canada based on research income. The national findings are based on data obtained through a survey of publicly-funded colleges and

from financial statements, which include funding received from both internal and external sources to the organizations. The College took the top provincial spot for the second time in its 10-year history, and also ranked #1 in Canada for the number of paid research students (students involved in applied research projects that were paid for their work) at a medium-sized college for the third year in a row. For more details, please see: <https://bit.ly/2Dlzwj5>



STOP Narcotics: A New Clinical Protocol: Dr. Ken Leslie, LHRI research scientist, Associate Professor in the Department of Surgery at the Schulich School of Medicine & Dentistry, and the Chair/Chief of the Division of General Surgery at London Health Sciences Centre and St. Joseph's Health Care London, led a team of researchers in a study entitled, "Standardization of Outpatient Procedure (STOP) Narcotics: A

Prospective Non-Inferiority Study to Reduce Opioid Use in Outpatient General Surgical Procedures" which was published in the October 2018 issue of the *Journal of the American College of Surgeons*. "The protocol includes a combination of patient and health care provider education and an emphasis on non-

opioid pain control. The study found that they were able to reduce the overall amount of opioids being prescribed after general surgery by 50 per cent while still adequately treating a patient's post-operative pain." For more details, please see: <https://bit.ly/2zenERY>. For the study itself, please see: <https://bit.ly/2DjUnJc>.

FINAL THOUGHTS

www.swahn.ca – Is your organization involved with SWAHN? If so, is the SWAHN logo and website address currently featured on your organization's website? Help us build awareness of our work together! Please contact Catherine Joyes for SWAHN's logo (catherine.joyes@schulich.uwo.ca).

www.swahn.ca/event – Don't forget to post your organization's events on SWAHN's events page. The Healthline.ca vets all submissions for inclusion on the SWAHN website as well as for posting to the regional Healthline sites as appropriate in the South West and Erie St. Clair Local Health Integration Network areas. Please contact Catherine Joyes for more information (catherine.joyes@schulich.uwo.ca).

CONTACT US – Your questions and comments regarding SWAHN are welcomed. Please feel free to contact us for more information, to share ideas, or to learn about how you may participate in SWAHN's work!

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