

**Breaking Bread with SWAHN  
Nutrition Research and Innovation Symposium**

**Friday, April 10, 2015  
8:00 a.m. – 4:30 p.m.  
Brescia University College**

**Twitter: #swahnnutrition**

**Objectives:**

1. To increase knowledge about nutrition initiatives in the community and academia in Southwestern Ontario
2. To facilitate research networking and collaborations between community and academia
3. To increase research effectiveness and outcomes through partnerships between community and academia

**Overall Goal:** To establish two health-outcome working groups consisting of community and academic collaborations

**Agenda:**

8:00 – 8:30 a.m.	Registration	
8:30 – 8:35 a.m.	Greetings	Dr. Gillian Kernaghan, Chair, SWAHN Steering Committee
8:35 – 8:50 a.m.	Overview of SWAHN and the day's agenda, and introduction of key note speaker	Dr. Margaret Steele, Co-Chair, SWAHN Operations Committee and Nutrition Symposium Planning Committee
8:50 – 9:20 a.m.	Key note address – <i>Lessons of a Community Geographer: Building Effective Cross-Sector Collaborations around Food and Nutrition</i>	Dr. Jason Gilliland, Director, Urban Development Program, Department of Geography, Western University
9:20 – 9:30 a.m.	Introduction of Critical Listeners and their role	Dr. Marnie Wedlake, Canadian Mental Health Association Middlesex
9:30 – 10:30 a.m.	Oral presentations #1, #2, #3 (15 minutes each)	Moderator: Dr. Jack Scott, Co-Chair, Nutrition Symposium Planning Committee
	#1: <i>Inadequate Access to Registered Dietitian Services for a High-risk, Vulnerable Patient Population - A Situational Assessment</i>	Principal author: Susan Bird Co-authors: Dr. Colleen O'Connor, Dr. Janet Madill and Cathy Verkley
	#2: <i>Losing Weight the Healthy Weigh: Using technology to increase accessibility to a healthy lifestyle program.</i>	Principal author: Karen Bellemore Co-author: Heather Nadon
	#3: <i>Nutrition Education in the PharmD Curriculum at the University of Waterloo School of Pharmacy</i>	Principal author: Dr. Cynthia Richard Co-author: Dr. Paul Spagnuolo

<b>10:30 – 10:45 a.m.</b>	<b>BREAK</b>	
10:45 – 11:45 a.m.	Oral presentations #4, #5, #6 (15 minutes each)	Moderator: Dr. Jack Scott, Co-Chair, Nutrition Symposium Planning Committee
	#4: <i>Replication of Lifestyle Changes developed in Academia in a Community Mental Health Setting</i>	Principal author: Dr. Tamison Doey Co-author: Dr. Saadia Ahmad
	#5: <i>Western Heads Home: an implementation plan for the sale of probiotic yogurt in London, Ontario</i>	Principal author: Charlotte Coleman Co-authors: Dr. Gregor Reid, Bob Gough, Dr. Sharareh Hekmat
	#6: <i>The Ontario Student Nutrition Program – exploring innovations to strengthen access, delivery, and health outcomes related to a universal student nutrition program.</i>	Principal author: Stephanie Segave Co-author: Jillian McCallum
<b>11:45 – 1:00 p.m.</b>	<b>LUNCH / Poster Presentations &amp; Networking</b>	
1:00 – 1:50 p.m.	Critical Listeners' feedback	Professor Pat Bethune-Davies Professor Barbara Dobson Lauren Kennedy Dr. Marlys Koschinsky
1:50 – 1:55 p.m.	Instructions for the working groups	Dr. Marnie Wedlake, Canadian Mental Health Association Middlesex
1:55 – 2:00 p.m.	Voting procedure	Catherine Joyes, Manager, SWAHN
2:00 – 3:00 p.m.	Working groups (6)	
<b>3:00 – 3:15 p.m.</b>	<b>BREAK</b>	
3:15 – 4:15 p.m.	Working group summary (6)	Dr. Marnie Wedlake, Canadian Mental Health Association Middlesex
4:15 – 4:30 p.m.	Follow-Up, Evaluation, Wrap Up	Dr. Margaret Steele, Co-Chair, SWAHN Operations Committee and Nutrition Symposium Planning Committee

**NOTES:**

This program has no commercial support.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (5.75 hours)

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

